

2010 Ontario Winter Games Schedule – Taekwondo

Thursday, March 4th, 2010

3:00 PM - WEIGH INS AT MUSKOKA WOODS

4:00 PM - 5:15 PM - DINNER

5:15 PM - BUS TO OPENING CEREMONIES

7:00 PM - 8:00 PM - OPENING CEREMONIES

8:15 PM - BUS TO VILLAGE

Friday, March 5th, 2010

7:00 AM - BREAKFAST

8:00 AM - BUS TO SPORTSPLEX

9:00 AM – 6:30 PM

Junior B Divisions both male & female:

Fin/Fly

Bantam/Feather

Light/Welter

Light Middle/Middle

Junior A Divisions both male & female:

Light Middle/Middle

Light Heavy/Heavy

12:30 PM – 2:30 PM – LUNCH

3:00 PM – WEIGH IN AT SPORTSPLEX DIVISIONS COMPETING ON SATURDAY

6:30 PM - 7:00 PM – MEDAL PRESENTATIONS

7:00 PM – 8:00 PM - BUS TO MUSKOKA WOODS

8:00 PM - DINNER

Saturday, March 6th, 2010

7:00 AM - BREAKFAST

8:00 AM - BUS TO SPORTSPLEX

9:00 AM - 4:30PM – SPARRING COMPEITION DOUBLE ELIMINATION

12:00 PM – 2:00 PM - LUNCH

Junior A Divisions both male & female:

Fin/Fly

Bantam/Feather

Light/Welter

4:30 PM – 5:00 PM – MEDAL PRESENTATION